THE CALTECH Y

On behalf of the Caltech Y, Welcome! Since its founding by students in 1916, the Y has been a place for students to plan events for the campus community and gather in a relaxed creative environment. During your Caltech years, you will surely participate in or benefit from Y programs ranging from community service projects and outdoor adventures, to cultural events and educational forums. All Y programs encourage students to become active participants at Caltech and engaged citizens of the world. Leadership opportunities are available for students who wish to play an active role on campus either through coordinating volunteer projects, planning outdoor trips, inviting speakers, or serving on the ExComm, the Y’s student governing board.

CULTURAL AND EDUCATIONAL PROGRAMS
Caltech students have a long history of responding to social issues and global concerns. The Y recognizes the need for meaningful discourse on topical issues through the Social Activism Speaker Series, featuring thought-provoking speakers. Throughout the years, the Y has been on the forefront of social issues, always helping students broaden their horizons. We continue to sponsor engaging programs with WorldFest, the DC Science Policy Trip, India Cultural Trip, and the Advocating Change Together (ACT) Award.

COMMUNITY SERVICE AND VOLUNTEER OPPORTUNITIES
On any given week during the school year, Caltech students volunteer their time and effort to those in need. The Y coordinates many of these efforts, matching students with community agencies where their skills can be best utilized. The largest of our service efforts are the Rise Tutoring Program, Alternative Spring Break (ASB), Make-A-Difference (MAD) Day and our ongoing volunteer opportunities at Union Station Homeless Shelter, Hathaway Sycamores Learning Center, and local Pasadena schools. Tutoring middle and high school students through the Rise Program is a great way to get involved. ASB is a chance for you to get away during Spring Break and help others while you travel. Past sites have included Mexico, Catalina and San Francisco. MAD Day is a local volunteer effort where the Caltech community comes together to help community organizations and families. Everyone who participates has a great time during this one-day event in spring. Check our web site for a full listing of volunteer opportunities.

OUTDOOR ADVENTURES AND SOCIAL ACTIVITIES
In order to broaden your Caltech experience, the Y hosts a variety of fun social activities. From movie nights to Explore LA, the Caltech Y knows the importance of fun outside the classroom. If outdoor adventure is your interest, check out all the Y has to offer. Explore a new adventure trail or National Park on one of many Y led outdoor trips throughout the year. Sign up for the ultimate kick-off to your Caltech experience: The Y-Hike to the California Sierras. The Y-Hike, our annual outdoor pre-orientation trip, is a great way to meet new students in a relaxed setting and have a great time in the outdoors. The Y-Hike is the week before New Student Orientation. Open to all new students regardless of ability. Look for an email announcement in July or check www.caltechY.org for more information. For a full listing of all we have to offer including discount tickets sales, AV equipment rentals, access to the Y lounge and more, go to www.caltechY.org.

To subscribe to our email list, please go to: https://www.caltechy.org/copy-of-contact-2

MAKING A WORLD OF DIFFERENCE Phone: (626) 395-6163
Email: caltechy@caltech.edu www.caltechY.org

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